

| | | | | | | | |
|------|-----|-----|----------------------|-----|-----|-----|----------------------------------|
| May | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | | | | 1 | 2 | 3 |
| | 4 | 5 | 6 7:00pm Yoga | 7 | 8 | 9 | 10 |
| | 11 | 12 | 3 7:00pm Yoga | 14 | 15 | 16 | 17 |
| | 18 | 19 | 20 7:00pm Yoga | 21 | 22 | 23 | 24 |
| 2008 | 25 | 26 | 7 7:00pm Yoga | 28 | 29 | 30 | 31 9:30am Zumba/ Fusion |

FAIRFAX CLASSES

All classes are 1 Hour Classes.

YAVA YOGA - Lady of America

13005 H Lee Jackson Memorial Hwy (Greenbriar Town Center)-Fairfax, VA 22033

When you get to class sign in on the "Guest of Tanja" sign-in sheet to receive the guest rate of \$5! (Non-Guests pay \$12!!!!)

ZUMBA/FUSION - Pure Heart Yoga Studio

9485 Silver King Court; Fairfax, VA 22031

\$9 per class

For more information, directions and class descriptions go to
www.novazumba.com

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|------|------|-----|----------------------|-----|-----|-----|----------------------------------|
| June | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | 1 | 2 | 3 7:00pm Yoga | 4 | 5 | 6 | 7 9:30am Zumba/ Fusion |
| | 8 | 9 | 10 7:00pm Yoga | 11 | 12 | 13 | 14 9:30am Zumba/ Fusion |
| | 15 | 16 | 17 7:00pm Yoga | 18 | 19 | 20 | 21 9:30am Zumba/ Fusion |
| | 22 | 23 | 24 7:00pm Yoga | 25 | 26 | 27 | 28 9:30am Zumba/ Fusion |
| | 2008 | 29 | 30 | | | | |

| | | | | | | | |
|------|------|-----|----------------------|-----|-----|-----|----------------------------------|
| July | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | | 1 7:00pm Yoga | 2 | 3 | 4 | 5 NO CLASS |
| | 6 | 7 | 8 7:00pm Yoga | 9 | 10 | 11 | 12 9:30am Zumba/ Fusion |
| | 13 | 14 | 15 7:00pm Yoga | 16 | 17 | 18 | 19 9:30am Zumba/ Fusion |
| | 20 | 23 | 21 7:00pm Yoga | 22 | 23 | 24 | 25 9:30am Zumba/ Fusion |
| | 26 | 27 | 28 7:00pm Yoga | 29 | 30 | 31 | |
| | 2008 | | | | | | |